

# Montserrat Vargas

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Craftivist - Educator - Latina Artist - [www.montserrat-vargas.com](http://www.montserrat-vargas.com)  
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LANGUAGES: English and Portuguese (professional working proficiency),  
Spanish (native).

## EXPERIENCE

### **Mujeres Stitchers de Brooklyn** – *Creator, Craftivist Embroiderist Facilitator*

Nov. 2019 – Present

### **New Women New Yorker, NYC** – *Theater Facilitator and Craftivist Workshops.*

March 2018 – Present

### **Group.Br, NYC** – *Actress, Assistant Director, Set Design & Production of Inside The Wild Heart (2018)*

March 2012 – Dec 2018

### **The Lang School, NYC** – *Associate Director for the Arts, Spanish Teacher, Assistant Teacher in Art & Engineering class.*

Nov 2016 – June 2018.

### **Immigrant Movement International, NYC** – *Theater Facilitator*

Jan 2012 – Dec 2014

## EDUCATION

### **Universidad Mayor, Chile** — *Actress*

July 2006 – December 2009

### **Universidad de Los Lagos, Chile** — *Bachelor of Arts Education, specialization in Theater.*

March 2003 – June 2006

## EXHIBITIONS

**Mouthful Annihilation** – Movement Research, NYC.

**Some of the three states of anxiety** – Rabbithole Gallery Dumbo, NYC.

**Marry me! An Albanian and Chilean girls speak** – Forward Flux, Theatre Lab, NYC.

**Some of the three states of depression** – Immersive Gallery, Williamsburg, NYC.

**La Mordida; The Bite and the Bitten** – Punto Space, NYC.

## SKILLS

Spatial awareness, punctuality, adaptability, collaborator.

## TECHNICAL PROFICIENCY

In Theater, I've been specializing in Brecht, Grotowski and Physical Theater.

Art coach mentor, training on Executive Functioning, Classroom Management for Special Ed, Organizational Time Management, among others.

Embroiderist, handmade collage, and sewing.

## PUBLICATIONS & FEATURED

– Cover Book, handmade collage. *The Woman with a million hearts* by Lauren Kleinman.

– Currently Published by *ViceVersa Magazine*.

– Featured. *Real People Real Lives* book, *New Women New Yorker* and artist Dru Blumensheid.

– Published. *Inner City Times; Ciudad Interior* magazine. Bilingual, NYC.

– Interviewed by *DelaManchaTv*, *Creative Process Interview*.

– Interviewed by *La Casa de Viena Magazine*.